



**STANBOROUGH
NEWS**
Spring '13



Welcome from our new Pastoral Team
Find out what else is happening at Stanborough Park

Stanborough Park Church & The Stanborough Centre
609 St. Albans Road | Garston | Watford | WD25 9JL
www.stanboroughchurch.org



Spring Cleaning!

by Pastor Karin Wieczorek

New Year's resolutions are really odd. In the middle of the winter, with the chilly weather making you crave hearty stews and cups of hot cocoa, many of us vow to lose that weight. Maybe it's the guilt of Christmas indulgence, or the looming prospect of beaches in a few months.

I don't know what your resolutions were, if any, but I sometimes resolve to be more myself. Life is too short to waste it on other people's expectations and the list of duties we impose on ourselves. To me, to be genuinely yourself you have to know who you are, and to be a genuine

person means a caring person. Once you know and love yourself, you are able to be caring towards others in a real way. This is actually mentioned in the Bible, where Jesus tells us to "love our neighbours as we love ourselves".

When those persistent daffodils start breaking through the soil, in spite of sleet and snow, and cold winds, I think of how tenacious life really is. Spring does not carry any resolutions with it, other than going out there and enjoying life more. To sit and bask in the sunshine, to maybe take time to sit out in the garden with

my morning cup and get some air, sunshine and birdsong to start the day with. To say to the children, let's skip homework today and just go to the park! And yet, we speak of spring cleaning. Maybe it is related a little to the New Year's resolution: what do you need to clean out of your life? Perhaps it is a selfish habit that you know benefits no one. Maybe it's a relationship that has been damaged that you can try to fix. So my "Springtime resolution" is to spend time enjoying life and being true to myself and those I meet.

Photo Walk!

Love photography?
Professional photographer?
Amateur photographer?
Just enjoy taking photos on your mobile phone? Expertise and equipment don't matter. The Stanborough Social Club are planning a

photographer's walk where we can talk photography and take photos of people or nature or whatever you want. You will be able to get advice from others on the walk and share what you've learned along the way.

EVERYONE is welcome. As an added bonus – the best photo from the day will be published in the Summer Edition of the Stanborough News! Turn up at Stanborough Park Church at **14:30 on March 23.**



Messy Church



This is an afternoon of fun for the whole family! For children age 0-13 and their parents/ guardians, we enjoy crafts, singing stories and a wonderful meal together. Messy Church is from 3.45-6.30pm.

For more information email:

stanboroughparkmessy-church@gmail.com or visit stanboroughparkmessy.wix.com/messy-church

Stanborough Park

College of Music

A junior choir and an orchestra are being set up to provide musical training for your children. The training will be provided by qualified and experienced teachers. The Summer Term starts on **Monday 15 April**. All the new applications must be in before then. The Children's Choir and Orchestra are expected to reach a performance level for church events, concerts and competitions. The Junior Choir caters for children between the ages of 10 and 14 years. No audition is required

before joining. Students are expected to attend rehearsals during term time on Thursdays between 5:30 pm and 6:30pm. The Children's Orchestra is open to all ages on successfully completing an audition that will take place on **Friday 12 April**. Children must bring their own instruments. Students are expected to attend rehearsals during term time on Fridays between 5:30pm and 6:30pm. Prospective students must book for the audition.

Both the Junior Choir and the Children's Orchestra require a fee of £20.00 per term.

For more information email J Ahn at

spcmahn@gmail.com

or write to: J Ahn,
Stanborough Centre, 609
St Albans Road, Watford
WD25 9JL





Parallel

by Diana Sabatier



The end of 2008 was when I got introduced to Parallel. It had just started as a service and it had an average of about 40 people. It was a different gathering than what I was used to or seen before. First thing I noticed was a warm welcome. Who doesn't like a warm welcome when

challenging. It challenged you to have more faith, to give thanks more, to be a better person. The sermons were plain. They were plain because you could understand the Bible's teaching without having to be a scholar. They were plain because everyone had gone

turned into a bountiful 200 and counting. The same spirit of the Lord is there, the same heartfelt singing and creative worship, the same warm welcome and community connection.

Some times, we become stagnant and want a change in our lives. Other times, staying the same is what we need most. And the amazing thing about God is that He stays the same, despite our lives being thrown left and right. He stays the same, a constant waiting for us to keep our eyes on Him.

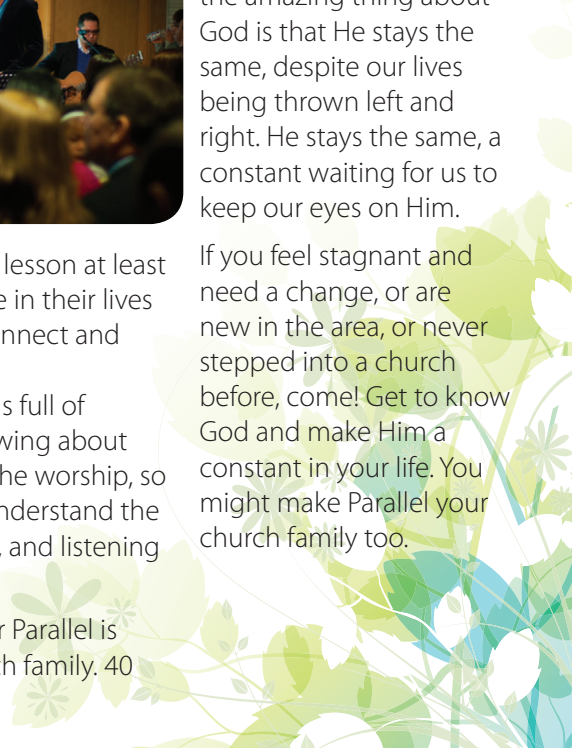


you are new to a place? It did help to know one of the guys, but it didn't make that much of a difference. People were smiling. People were friendly to me as me, not 'Dan's friend' me. The music was heartfelt and soul reaching. They sang with true love for a God they believed in. The worship was creative and

through that lesson at least once or twice in their lives and could connect and learn. The room was full of children, drawing about the topic of the worship, so they could understand the message too, and listening to stories.

3.5 years later Parallel is still my church family. 40

If you feel stagnant and need a change, or are new in the area, or never stepped into a church before, come! Get to know God and make Him a constant in your life. You might make Parallel your church family too.



Family Corner

At Stanborough Park Church, we want the whole family to feel welcome.

So we are offering many different activities for all ages.

We have Creative Crafts on Weekdays and Weeknights, where you can bring your craft and get new ideas, and we simply enjoy chatting and meeting old

and new friends.

We will be offering several different activities for children, such as "Messy Cooking" "How to draw a superhero" "Crafts for children"

There will be parenting classes starting up, and some theme weekends.

Saturday May 4 "Keeping the Family Safe" with

Marianne Kolkmann
Saturday June 22 "Raising Emotionally Healthy Children", with Dr Pierre Steenberg
If you want more information about any of these events or our other courses please call us on: 01923-679494

Development

You are warmly invited to join the **Stanborough Park Choir on Easter Saturday, March 30 at 7.30pm** when they and guest soloists will perform well-known excerpts from **Handel's MESSIAH**. Audience participation will be encouraged so come prepared to sing! A collection will be taken for church refurbishment and afterwards gifts, cakes and refreshments will be on sale.

Children's Concert fund raising for ADRA. Children of Stanborough Park Church will be sharing their musical talents to raise funds through sponsorship,

for children living in 3rd world countries. Come and enjoy a feast of good music on **Saturday evening April 27th at 7.30pm**. If your children would like to support by performing please email stanboroughmusic@gmail.com for more details.

A delightful evening for all the family – from the youngest to the eldest – is planned at Stanborough Park Church on **May 25th at 7.30**. The concert will feature a range of musical styles and instruments and there will be something to suit every taste. A collection will be taken for church refurbishment and

afterwards gifts, cakes and refreshments will be on sale.

Garden Party. Come and relax in the beautiful garden at Blue Firs 200 Toms Lane Kings Langley WD4 8NZ on **Sunday 12th May 2013 from mid-day until 4pm**. Light lunches and delicious afternoon teas will be served and there will be a range of sales tables – cakes, books, bric-a-brac, plants, pre-loved clothing, children's toys etc. Proceeds will be divided between the Peace Hospice and the Church Development Fund.

Fund Raising



Endless Forms Most Beautiful

by PL Walton



Did you watch any of the 'Wonders of Life' BBC TV Series? The quotation of Charles Darwin 'Endless Forms Most Beautiful' was an apt description for the third episode. We were treated to a series of the most dazzling photo shots of Nature's best presented by the amazing and lovable Brian Cox. Professor Cox is set to become BBC's new doyen of Natural History after Sir David Attenborough announced this year, "If I had a torch I would hand it to Brian Cox". So far, Brian Cox has treated us to the most amazing descriptions and pictures of some astonishing features of nature, as only the BBC can.

Brian has a way of looking at the most complicated things in nature and making them understandable with a few photographs, and some well-chosen words and a look of wonder and amazement. In this episode he tripped lightly from the amazing formation of carbon atoms in distant

space to the amazing structure and generation of DNA, from the progression of carbon atoms in the food chain to a description of all the amazing variety of living things. And finally, what he described as possibly science's greatest discovery: that two random processes, mutations and the environment, can work together to produce all the exquisitely non-random 'endless forms most beautiful'. Just call it 'natural selection'.

At each stage of this amazing 'parade of the carbon atom' Brian describes some insuperable obstacle to progress, which is somehow miraculously overcome. Somehow, it all began to look like one simple step too far. Like old cartoons, the hero is doomed but then, miraculously 'with one bound he is free'. The explanation is never forthcoming. By venturing into the realm of natural history Brian has had to rely on overreaching and outdated Darwinian

arguments long relegated to history by the scientific community but that still find favour in the popular media and text books. Brian offers us only 'Proof by Amazement' which, for proper enjoyment, requires a willing suspension of disbelief and wouldn't we do that for Brian?

The wonderful glimpses of cosmology are truly amazing and well worth watching but they are best enjoyed and understood in the light of these primeval words: 'The heavens tell about the glory of God. The skies announce what his hands have made. Each new day tells more of the story, and each night reveals more and more about God's power. You cannot hear them say anything. They don't make any sound we can hear but their message goes throughout the world. Their teaching reaches the ends of the earth.' Those words reveal something very satisfying: that we have someone to say 'Thank You' to.

Diary Dates

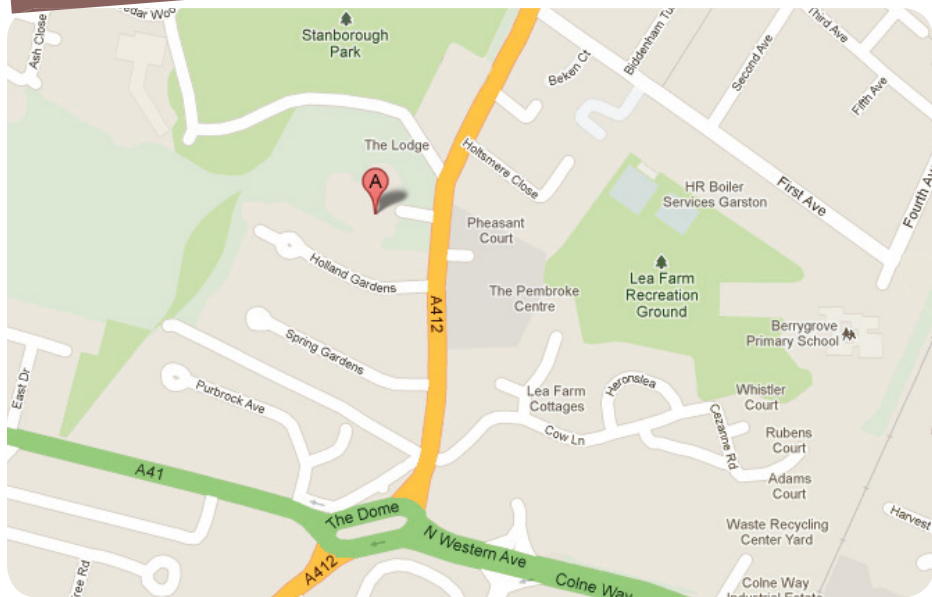
- Pat's Sale* – April 21 12-2pm – proceeds to ADRA
- Tuesday Talks* – March 12, April 9, and May 14 8pm
- Health lectures* – March 28, April 25, May 30 8pm
- Creative Crafts* – every Monday 7:30-9pm & every Wednesday 1:30-3pm
- Toddler Club* – Wednesdays 9:30-11:30am, 1-3pm and Thursdays 9:30-11:30am
- Senior Members Club* – alternate Mondays 2-4pm Starting from 4th March
- Messy Church* – March 16, April 20, May 18 3:45pm start
- Soup Run* – every Friday – leaves the church at 8:30pm contact Pat Walton
01923 672500
- Church programmes* – Easter weekend
- Parallel Services* – every Saturday morning 11am except the 1st Saturday in the month

Health Ministry

- March 28** "Introduction to First Aid" By Julian Green Community First Responder and Heartstart Trainer for London Ambulance Services
- April 25** "Healthy Bones in a Healthy Body" By: Adam Balderstone B.Sc. (Hons) Ost. Med. DO. ND
- May 30** "On Prostrate Cancer" Prevention and Possible CURES By Dr Audrey Tsoetsi



Find Us



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609 St. Albans Road | Garston | Watford | WD25 9JL

Contact Us

Pastoral Office | 01923 67 94 94

Bookings for Stanborough Centre:
01923 894 664 | stanboroughcentre@googlemail.com

Church Website: www.stanboroughchurch.org
Parallel Service: www.parallelservice.com
Parallel Facebook Page: www.facebook.com/groups/61120750538

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