



STANBOROUGH

NEWS

SPRING

2015

NOT SITTING COMFORTABLY



We are not sitting comfortably at Stanborough church just now: It's not just the draughty marquee, cold pews and upheaval caused by the building work, we are just feeling that we should get out more! The exciting building project and changes in the pastoral team have made us uncomfortable about not sharing our good things with the rest of Watford. Not just faith but health, welfare and friendship as well.

We are not the only ones keen to share: many other Christian bodies across Garston and North Watford are already getting together to create a combined force for good, and we are joining them. We have made contact with Churches Together, and Christians Across Watford and I just want to say thank you to them for making us feel welcome.

In January Stanborough's Pastoral team joined other Watford Christian church leaders at a retreat at Wyboston Lakes. It was an amazing experience

sharing our hopes and plans for this community for the next five or ten years. Naturally, one of the things we discussed was the differences in beliefs but the amazing thing was that the story we do share seemed to be the most important thing. The story that made the first Christians

famous for their acts of charity. The story that every individual of every kind is equal before God and therefore equal (an outrageous idea in Roman civilization) and that each individual may come to God through Jesus (who died a slaves death, an offensive idea for everyone). We will celebrate that story and come together in unity to spread our shared story: that Jesus Christ loves you. This is our desire for 2015.

You can find the Christians Across Watford's (CAW) web site at: <http://www.christiansacrosswatford.org> and watch out for Praise at the Palace, June 5th 2015.

BY PASTOR
JACQUES VENTER

SPRING

OUR HUMANITARIAN AID HOUSE COLLECTION

Hard to believe but Stanborough Church has been collecting locally from door-to-door once a year for over 70 years! It started as World Wide Advent Missions but for many years it has provided purely humanitarian aid and is recognised internationally as the neutral aid agency ADRA. The collection this year takes place locally between 28 March and 12 April 2015.

In the UK, ADRA supports Our Special Needs camp that provides a safe, caring, fun-loving holiday in a Christian environment for people with special needs, while giving respite to their carers.

Thank you for your help in the past, and I hope that you will be able to support our collectors again this year.

If you are able please visit the web site for full details: <http://www.adra.org.uk/get-involved/annual-appeal/> The collection is fully regulated by Government agencies.



BRINGING CHEER TO SENIOR CITIZENS

Do you remember singing hymns in school assembly or church when you were a child? Maybe not, but our senior citizens almost certainly do. All things bright and beautiful, Morning has broken, Amazing Grace, Abide with me. Familiar sounds that take them back to youthful times when life was full of hope. When you leave your home to live in a care home away from former friends, you may feel a great loss in the absence of familiar past times and shared experiences.

We try to reignite a sparkle of hope in an older person's heart with our group of singers and players who, come rain or come shine, snow or wind, regularly visit residential care homes in Watford, Abbots Langley and Croxley. They have a repertoire of lively hymns and gospel songs and Bible storytelling and they take the time to care. And as a big plus we have the privilege of being accompanied by very talented musicians.

The Stanborough Park Church Singing Group is led by Dr. Susan Moser who reports that they are

appreciated by both residents and staff.

There is one way that the Singing Group could be improved and that is by having more people come to join them! It is a very informal group that would give you a hearty welcome if you decided to come along and join in the singing.

Why not give it a try? I am sure you would get as much enjoyment out of it as do the residents and staff. Just make contact with an email to news@stanboroughchurch.org for details of how to join in.



RECIPE: APPLE UPSIDE-DOWN CAKE

Ingredients

6 medium sized apples
200g Sugar
200g Butter
Jar of Apricot Jam
8 Eggs
8 tbsp Sugar
8 tbsp flour
2 tbsp water
150ml water
Sachet of Vanilla sugar
1 tbsp Sugar



I grew up eating Apple upside down cake. My Mum used to make it all the time. Getting home and smelling the sponge baking in the oven meant 'happy times! Over the years I learned to make it as well, but mum's is always better!! :) So here you have the recipe:

Take 6 medium sized apples, peel and core them. Put the sugar and butter in a greased cake tin (24", don't use spring-form) and put it in the oven until it caramelises. When it's nice and golden, take it out and put the apples in the tin, on top of the caramelised sugar, with 5 of the apples create

a circle, and put the 6th in the middle. Fill the middle of the apples with apricot jam. Put it back in the oven at 180C until the apples soften.

Meanwhile prepare the sponge: whisk 8 egg whites then, while whisking, add in one by one 8 tbsp of sugar and after that, the 8 egg yolks, one by one as well. Gently mix in with a spoon, 8 tbsp of plain flour and 2 tbsp of water. Pour this over the already softened apples and bake it at 180C.

When it's done, take the cake out of the oven, mix 150ml water with a sachet of vanilla sugar and a tbsp of sugar, and bring it to the boil, then pour it over the cake.

The last step is to cut around the cake and turn the cake tin upside down, then tip the cake out onto a cake plate. You can serve it just like that, or you can serve it with cream or anything else you would like.

This is my mum's Apple upside down cake recipe, this is home, this is yumminess!! Enjoy! :)

BY BEATRICE DAN

AN INVITATION

Have you ever thought that you don't really have a place where you can belong? Or maybe, a place where you could bring a friend who is interested in knowing some other 'normal' christians? Or have you just been curious about coming to a church in general? Well, we at Stanborough Park Parallel Service want to give you the opportunity to accomplish any or all three of the questions above.



On March 28th we are having our Connect Day and we would like to invite YOU! We're starting at 11am with our Worship Service followed by some lunch at around 1:30pm, followed by a discussion at 3:30pm. And our evening's entertainment will be a Car Scavenger Hunt. All welcome.

SPRING

PAT'S SALE RAISES FUNDS FOR SOUP RUN MINIBUS



The 2015 season of 'Pat's Sales' at Stanborough Park Church got off to a good start in January by raising £950 towards running the minibus used for the church's Soup Run.

The Soup

Run has been providing a weekly service for 10 months of the year to London's homeless for more than quarter of a century under the leadership of Pat Walton. Two areas of central London are visited with the grateful recipients receiving food, drink, clothing, toiletries and small household items.

These days the neighbouring churches in

Hemel Hempstead, Watford Town and St. Albans also provide teams of volunteers for the Soup Run. However, every Friday evening Pat is at the church long before they depart organising the necessary supplies and ensuring that everything is as it should be. She accompanies the team herself once a month.

The Soup Run is operated by volunteers and is entirely dependent on voluntary contributions so the regular sales play an important part in ensuring its financial security. Pat's team of helpers organise donated items into stalls selling clothing, shoes,



books, DVD's, china, household items and bric-a-brac. In addition to manning the stalls volunteers also prepare and serve light lunches for the visitors, providing additional funds.

These sales are always well-attended and the second-hand clothing stalls prove particularly popular. Summing up after the event Pat commented, "The Sale was very successful. There was a great atmosphere and we raised enough money to cover the insurance on the minibus."

HOW TO BE HAPPY. REALLY?

Do you find that some of these helpful sayings are not that helpful. Some a bit daft, some a bit smug, some meaningless, some sound like good advice - for a genius or a saint.



Here are some words that don't ask you to do anything, they just take you where you are, especially if you are down, and give you encouragement.

Happy are those who are sad: for they will be comforted.
Happy are the gentle: for the earth will be their heritage.
Happy are those whose heart's desire is for righteousness: for they will have their desire.
Happy are those who have mercy: for they will be given mercy.
Happy are the clean in heart: for they will see God.
Happy are the peacemakers: for they will be named sons of God.
Happy are those who are attacked on account of righteousness: for the kingdom of heaven will be theirs.
Happy are you when men give you a bad name, and are cruel to you, and say all evil things against you falsely, because of me. Be glad and full of joy; for great is your reward in heaven: for so were the prophets attacked who were before you.

Jesus of Nazareth

SPRING

DIARY DATES

REGULAR WEEKLY SERVICES

Bible Study (Sabbath School) every Saturday morning at 9:45am in the Cedar-Sycamore room
Family Service Saturdays 9am (Cedar-Sycamore room) and 11am (Temporary marquee)
Parallel Service Saturdays except first of the month (Cedar-Sycamore room) at 11am

DIARY DATES

Tuesday 10 March 8pm Tuesday Talks 7pm Light supper
Saturday 14 March 6:30pm Pancake Evening
Thursday 26 March 8pm 'We are Growing... Free food' Karen Hubbard
Sunday 29 March 12-2pm Pat's Sunday Sale
Tuesday 14 April 8pm Tuesday Talks 7pm Light supper
Thursday 23 April 8pm 'Stress' Dr. Hugette Comerasamy 7pm Light Supper
Tuesday 12 May 8pm Tuesday Talks 7pm Light Supper
Thursday 28 May 8pm 'Caring for your feet' Mrs. M. Johns 7pm Light supper

SENIORS CLUB (2-4pm)

Monday 2 March Hope Charity – Roger Clarke
Monday 16 March Dr. Tony Maisey 'Spare Part Surgery'
Monday 30 March Chris Ward '101 things you didn't know about garden birds'
Monday 13 April John Tyler naturalist – 'Life in a nutshell'
Monday 27 April An Afternoon of Poetry
Monday 11 May Bring and Buy Sale followed by plant sale
Monday 18 May Spring outing to Basildon Park

TODDLER CLUB

Wednesday and Thursday mornings 9:30-11:30
Wednesday afternoons 1-3pm
Except school holidays Contact Elaine on 01923 672204

SOUP RUN

into London every Friday evening at 8:30pm to go to London to feed the homeless. Contact Pat Walton 01923 672500

CREATIVE CRAFTS

Every Wednesday 1-3pm

MUSIC COLLEGE

The Summer Term starts 20th April. All kinds of professional music tuition: email info@spcm.org.uk or write to 609 St Albans Road Watford WD25 9JL

The Holiday Music Fun this summer 27-31 July. For more information, please email info@spcm.org.uk

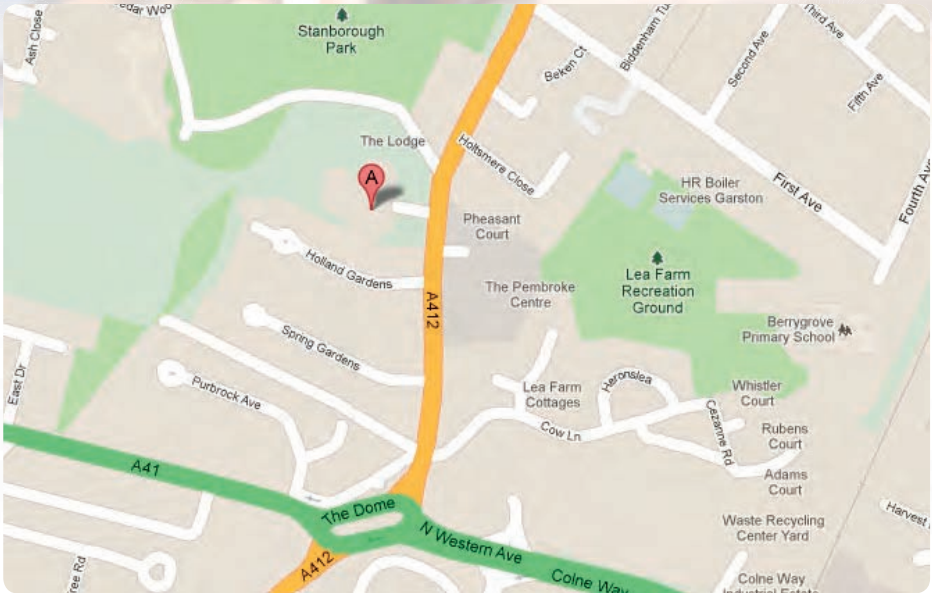
Free Musical Activities

Junior Choir: Every Thursday during term time 5:30-6:30pm for age of 10 and above.

Youth Orchestra: Every Tuesday at 6pm during term time (no age limit but audition is required) email to info@spcm.org.uk

Music Workshops for children (aged 4 to 16) on the 29 March. This free workshop, lead by professional musicians, is very popular so book early by email spcmahn@gmail.com

FIND US



Stanborough Park Church & The Stanborough Centre
609 St. Albans Road | Garston | Watford | WD25 9JL

CONTACT US

Pastoral Office | 01923 67 94 94

Bookings for Stanborough Centre:
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