

Keeping in Touch K.I.T.

Our Aim: To know Christ and make him known

No 83: Autumn 2015



LET'S TALK.

HAVE YOU ever wished church people would just stop sending you stuff? Actually, let's broaden the question: have you ever wished that companies and take away restaurants stopped trying to send you stuff altogether? I have. On any given week I get a lot of this junk mail. Online and through my door. It's very annoying. But none of these compare with the dreaded phone calls. I'm pretty sure you've had them too. They start as any other call does - the phone rings. But then, the surprise of who it might be on the other side of the line is replaced by disappointment as the automated voice proclaims excitedly: *Did you know that banks have set aside thousands of pounds...* by then I've learnt to put the phone down.

So in light of all this, why don't we just stop sending you stuff? Because of Jesus. Regardless of which path you have chosen, His love for you has not changed. In fact, this is so serious that He will continue to love you just the same even if you have stopped believing in him.

The book *Desire of Ages* tells us on pages 254 and 255 that when Jesus was here as a man on earth, His tender compassion fell with a touch of healing upon weary and troubled hearts. Even amid the turbulence of angry enemies He was surrounded with an atmosphere of peace. The beauty of His countenance, the loveliness of His character, above all, the love expressed in look and tone, drew to Him all who were not hardened in unbelief. Had it not been for the sweet, sympathetic spirit that shone out of every look and word, He would not have attracted the large congregations that He did. The afflicted ones who came to Him felt that He linked His interest with theirs as a faithful and tender friend, and they desired to know more of the truths He taught. Heaven was brought near. They longed to abide in His presence, that the comfort of His love might be with them continually.

Maybe you've noticed that we very often fail to reflect His character to each other. Perhaps one of us has failed you. You and I know Stanborough Park Church is not perfect. Far from it.

We still write to you and we will not stop for a very simple reason: if Jesus is going to keep in touch with you, somebody's hands are going to have to type... and someone else's hands will deliver that message to

you. And this is the message. God has not given up on the world and He has most certainly not given up on you. But it's not that simple, is it? Or is it?

I'm here if you need a chat. I can also come to you if you'd prefer that. If you now live far away, let's talk online. Unless you've moved near a beach... then definitely invite me over! I probably don't know you yet but I already like you. Let's talk, let's keep in touch.

Blessings,

Sam Neves, **Associate Pastor**, Stanborough Park Church, www.stanboroughpark.org +44 (0)7522 088007

Seek the LORD while he may be found; call on him while he is near. Let the wicked forsake his way and the evil man his thoughts. Let him turn to the LORD, and he will have mercy on him, and to our God, for he will freely pardon. For my thoughts are not your thoughts, neither are your ways my ways, declares the LORD. Isaiah 55: 6 - 8. NIV.

MORAL UNIVERSALISM by Richard J B Willis MA MSc FRSPH

Moral Universalism is the name given by pundits of behavioural science to the concept of reciprocal behaviours on the part of people everywhere. Science has, at last, caught on to the fact that treating others as you would like them to treat you is good for individuals and societies. Likening human-kind to computers, it is affirmed that we are made to care and be co-operative. Dr Donald W. Pfaff of Rochester University NY says: *The human brain is actually programmed to make us care for others. ...*

*The innate biology of the human brain compels us to be kind. That is, we are **wired** for goodwill.* Of course we can **choose** otherwise.

Pfaff continues: *Not only do such pre-social behaviours produce the desired consequences for society and civilized life, but they also promote health because they support friendships. Many medical and epidemiological studies have shown that having friends, on average, prolongs life and increases its quality, as well as improving our psychological well-being.* Psychologist Richard Davidson states that if we practice morality, the brain will develop pathways that reinforce that behaviour. Not least - the literature agrees - just *Keeping In Touch* is one of those health enhancing behaviours!

NEWS, NEWS, NEWS!

THIS KIT embraces stages in the lives of people from birth right through to death.

In two days we lost two much-loved members of the church. **Brother Henry Grant** died on September 3, and **Sister Doreen Guest** on the next day. We send our love and sympathy to their families.

This time our lead picture is of the family and friends of **Thando and Evelyn Mlalazi** gathered for the dedication of baby **Tabitha** on July 18. Below is a close-up of all three of them.

An earlier dedication on June 13 was of **Aaron Roberts** the second son of **Neilson and Alix**. The second photo shows the family including **Aaron's** big brother **Noah**.



Frank Blewitt, having read in KIT, that we wanted a photo of our current student missionary **Jared de Bruyn**, found that he was sitting next to him on a bus on a church outing, and kindly took his picture. Jared will be with us until January.

June 20 was a special day for two couples. It was the **Golden Wedding Day of Eustace and Margaret Anthony**, and the actual wedding day of **David Cooper and Kate Evans** who got married in Porthcawl in South Wales. Eustace and Margaret are shown in the black and white photo. The other is Frank's photo of Jared.



Meanwhile, in Pasadena, California, **Luke Brooks married Alexia Anderson** on July 23. It doesn't stop there, love was still in the air in August. **David's brother Phil married Emily Magee** on August 8. Emily is from the Isle of Man and they got married in Douglas. Also over in Ireland, **Tom Neal married his dream girl, Catherine Greer**, on August 26. Below are photos of the four bridal couples. David and Kate are in the car, and Phil and Emily are seated at the table. We have included the group photo from Luke and Alexia's wedding as his brothers are in it as well as all the bridesmaids. Many of you will remember **Jeremy and Ashley**. In the photo, Jeremy is on the groom's right and Ashley on the far right. In the case of the Neal wedding, the whole of the Neal family are shown because many of you will know others in the photo besides Tom and Catherine.



Warm congratulations to Margaret and Eustace and to all the newly weds.

Handy Info?

Cut down on nuisance calls by ringing Telephone Preference Service - TPS Open 24/7 0845 0700707

Cut down on junk mail by contacting Mail Preference Service - MPS 0845 703 4599 or

www.mpsonline.org.uk

Wonderful English from around the World:

Cocktail lounge, Norway:

Ladies are requested not to have children in the bar.

Doctor's Office, Rome:

Specialist in women and other diseases

In a Nairobi restaurant:

Customers who find our waitresses rude ought to see the Manager.

On the main road to Mombassa, leaving Nairobi:

Take notice: When this sign is under water, this road is impassable.

On a poster in Johannesburg:

Are you an adult who cannot read? If so we can help.

In the lobby of a Moscow hotel across from a monastery:

You are welcome to visit the cemetery where famous Russian and Soviet composers, writers and artists are buried daily except Thursday

Airline ticket office, Copenhagen:

We take your bags and send them in all directions.

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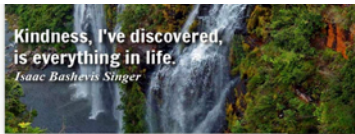
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TEEN PAGE

Teen Page editor pete_walton_kit@stanboroughchurch.org **AUTUMN KIT 2015**

The healing Power of COMPASSION



Be kind to one another,
tender-hearted,
forgiving each other,
just as God in Christ
also has forgiven you.



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SPECIAL ISSUE ON BULLYING

Danielle Simpson

Hi! Isn't it awful to know that so many people get bullied these days! Do u get bullied or know someone who has been bullied? It's awful to think people get bullied. Did you guys know that a load of these people end up depressed?? It's so, so sad, makes me want to cry :(so I thought I would tell you some things that would maybe help.

OPINION SURVEY

First off here is what I think about bullying. Bullying is one of the worst things that could happen to someone. It can affect them later on in life. It has to be stopped. I find that sometimes people don't realise what they do can really affect someone - could even be your best friend! Think about it - check the front cover, kindness is the opposite of bullying so are you being kind? I have always wondered why people bully other people it just makes no sense!!

Here are some opinions I got from my friends

Friend 1. think bullying is absolutely horrible.. just because someone bully them.. they are who if they are happy how they anyone to be bullied we all have so many flaws the bullying.. it's a horrible people understand in wrong.

Friend 2. Bulling is awful! has to be stopped ASAP! So many disgraceful. What's happening to us?? It's like the devil has possessed us all!! We seriously need to look at the bible and read over what God says, I'd say.



pathetic, stupid, sick, disgusting and is different doesn't mean to they are.. they won't change are... there is no need for about their faults/ flaws.. but there is no need for thing and I hope that future that bullying is

I can't stand it. In my opinion it people get bullied for no reason its

WHAT TO TRY IF YOU ARE BEING BULLIED

I'm sure you guys are wondering on what you should do if you are ones that are being bullied. Well here's a few thing to think about:

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SOME THINGS TO TRY IF YOU ARE BEING BULLIED

To overcome bullying you need a lot of courage. You can do it if you set your mind to it. First of all if things are really bad you must get help. This is not easy if the person you should be able to trust is the bully. Also sometimes it can be a friend that you want to keep. So choose carefully someone who is trustworthy and understands your situation. If you don't want to tell your parents try a friend out of school or a relative. It is important someone knows what you are going through.

There are a lot of really good tips on this link:

http://www.actagainstbullying.org/advice/Teens/tips_for_teens.htm#.Vf1rnNVViko

Here are a few of them:

If someone sticks up for you when you are being 'picked on', always say 'Thank you' to them. They deserve it.

Focus on long term goals. Think about what you want to become when you leave school. You will not have to mix with bullies forever.

Learn everything you can about the bully. Try and find out why they are bullying you. Knowledge is power.

Guard your secrets carefully.

Stand and walk tall. Don't look like a victim!

If someone stares you out, do not engage in a staring match but look them in the eye and then move your gaze somewhere else. **DO NOT LOOK DOWN.**

Apologise when you are genuinely in the wrong.

Make sure you talk to your bully in a calm way with normal volume. Don't whisper or shout.

Never react to insults if you can help it. These are only to provoke you.

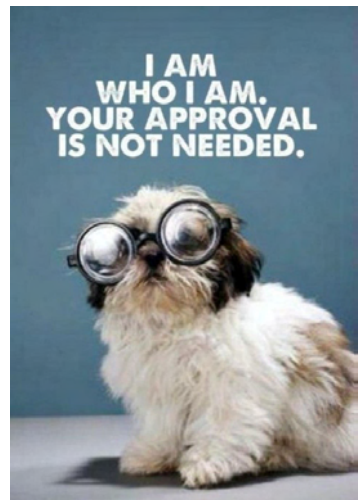
See if you can join a club out of school to learn a new skill which will rebuild your confidence.

And a few from me:

Try and ignore them

Be brave

Trust God :)



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REHAB AFTER BULLYING

THOSE TIMES *When the stars don't shine*

Those times when everyone else is talking about what they are going to do - their achievements, their friends, their ambitions, their hopes and dreams - the stars in their eyes. Those times when you look into yourself and don't see anything. Those times like looking into the night sky and all the stars have vanished and there is nothing left to hope for.



Is that your story? Maybe for you it's like that most of the time.

MUSIC TO HELP YOU GET BACK ON TRACK...

Here are a few songs I listen to whenever I feel sad or lonely or just need a confidence boost:

Fight Song by Rachel Platten - I think this song is so inspirational and it tells you to keep going and that's what we should do - keep fighting because WE CAN DO IT!! :)

Welcome To My Life by Simple Plan - This is a song from one of my favourite bands. If any of you like more rock music this band is for you. But they also do some softer songs. These songs are just so inspiring its crazy!! so check them out. Also try **Me Against The World** this is another song from them, really good :)

Try by Colbie Caillat - This is such a nice song. It is especially good for self-acceptance. It tells you to be yourself and be proud of it. This song has such a good message. It amazes me how many people hate themselves - it's really sad. This song will help i know it :)

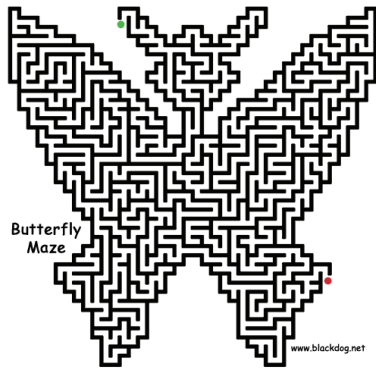
MY FAVOURITE QUOTES



Ok guys to end I just want to say that you are all amazing no matter what anyone else says . Bye :)

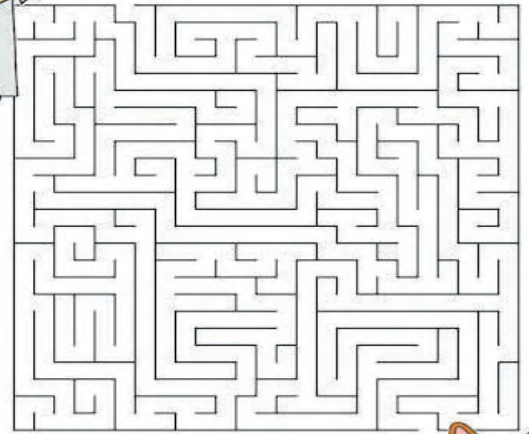
Danielle

Junior Kit



Hunt the Corgi!

The Queen has lost her favourite corgi!
Can you help her find him?

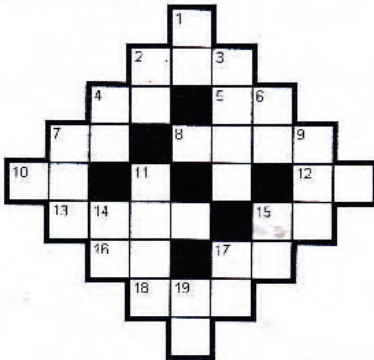


This year the Queen celebrates being the longest reigning monarch in Britain. She has been on the throne for 63 years. She loves her corgi dogs

Jesus wants us to be kind and thoughtful to other people



Look at the clues below and fill all the numbers you can into the grid. Then start again and use your answers to help solve the other clues.



How's your maths? This isn't too hard.



- Across**
- Sixty-seven doubled
 - 6 down minus fifty-seven
 - 2 down plus twenty-two
 - Nine times nine
 - 3241 re-arranged
 - Number of weeks in a year
 - 19 down minus forty
 - Three times 620
 - 6 down plus half of 2 down
 - Quarter of 176
 - Seven times seven
 - Three times fifty-four

- Down**
- Nine times seven
 - A third of forty-eight
 - Three times 1442
 - Number of days in three weeks
 - 4 down plus sixty-two
 - Seventeen plus six times 2 across
 - 7 down minus 400
 - 4163 re-arranged
 - Four times 4 down
 - A third of 297
 - A quarter of 168
 - Five times thirteen

THE BIBLE TELLS US TO CARE FOR ONE ANOTHER THIS IS WHAT IT TELLS US (AND IT INCLUDES SISTERS AS WELL AND ANY ONE ELSE!) IT SAYS:-

FINALLY ALL OF YOU, LIVE IN HARMONY WITH ONE ANOTHER, BE SYMPATHETIC, LOVE AS BROTHERS, BE COMPASSIONATE AND HUMBLE.

