



## Tackling Indecision

*"In all your ways submit to him, and he will make your paths straight." Proverbs 3:6*

We live in a world that offers a wide range of choices—from paper towels to life insurance. In 2004, psychologist Barry Schwartz wrote a book titled *The Paradox of Choice* in which he argued that while freedom of choice is important to our well-being, too many choices can lead to overload and indecision. While the stakes are certainly lower when deciding on which paper towel to buy, indecision can become debilitating when making major decisions that impact the course of our lives. So how can we overcome indecision and move forward confidently in living for Jesus?

As believers in Christ, seeking God's wisdom helps us as we face difficult decisions. When we're deciding on anything in life, large or small, the Scriptures instruct us to "trust in the Lord with all [our] heart and lean not on [our] own understanding" (Proverbs 3:5). When we rely on our own judgment, we can become confused and worry about missing an important detail or making the wrong choice. When we look to God for the answers, however, He'll "make [our] paths straight" (v. 6). He'll give us clarity and peace as we make decisions in our day-to-day lives.

God doesn't want us to be paralyzed or overwhelmed by the weight of our decisions. We can find peace in the wisdom and direction He provides when we bring our concerns to Him in prayer.

By: Kimya Loder - Taken from [odb.org](http://odb.org)



Watch the [Family Service](#) online with Pastor Terry Messenger

## Announcements / News

- **UKRAINE APPEAL:** As was intimated last Sabbath your Church Board this week voted to match all donations for Ukraine, up to the sum of £10,000.00. Together we can reach that goal so that ADRA will have £20,000.00 to use to help those in such dreadful distress. This is the most effective way in which we can help at the moment. ADRA donation envelopes are available from today. Please see a deacon or deaconess to obtain one. Please write UKRAINE on the front if you wish your donation to go to the Ukraine Appeal. If you wish to donate online to the Church Treasury account please put Ukraine as the reference so that the funds will be matched. If you have already sent a donation to ADRA UK directly, please let one of the Elders know so that your donation can be added to the church total. [LETTER FOR THE CHURCH MEMBERS - READ HERE](#)

- **ADRA** needs our funds more than ever at the moment. One way in which you can help, while at the same time beautifying our church for Easter, is to **dedicate a lily or lilies for the Easter service**. You can give thanks to God, remember a loved one, thank a family member, friend, relative or church member, by writing a dedication/s and placing it/them in

an envelope along with your donation/s of £5 per lily. Envelopes are available with details. Please see Audrey or Pat. They need to be returned by Sabbath 2nd April. Thank you.

---

- CLEARANCE SALE – SUNDAY 13TH March from 12-2 p.m. STANBOROUGH CENTRE:**

Donations cannot be accepted for this sale. Café will be serving Afternoon Tea. Profits from this sale will be divided between the **ADRA Ukraine appeal and the Soup Run.**

---

- Adventurer and Pathfinder Bible Experience:** Thank you for keeping the Adventurers and Pathfinders in your prayers. They have their test at BUC level this Saturday 12 March in Newbold. The adventurers will have a worship service in the morning followed by their test. Pathfinders will have a separate worship in the morning and their test in the afternoon. May they have an enriching Sabbath and travelling mercies to all the teams meeting in Newbold.
- 

- Teens Sabbath School Classes** (Early Teens and Cornerstone) will join the **Global Youth Day activities on 19 March** with the Youth Department. Please contact Paula for more information as some zoom provision will be provided for the teens who normally join the lessons remotely.
- 

- Global Children Day 19th March:** As the young people are out in the community on this special day, Children Sabbath schools have teamed up with Parallel and Traditional Services and our children will be very involved in the Worship services on this date. May God bless our Children and Young people.
- 

- Midweek Prayer Meeting** every Wednesday on Zoom by 7pm. Zoom ID: 86332812854 & Password: 063944
-

- **Women's Ministry:** Join us next Sabbath for a lovely afternoon programme. Our speaker for the day is Elder Florence Allen speaking on "The Anointed Tongue". Meeting ID: 7279659834 & Passcode: WMmeeting
- 

- **The Prayer Ministry Team** would like to start a WhatsApp Group for everyone. On this Forum you can make your public Prayer Request and you will be reminded of all the Prayer Activities. If you would like your details to be added please contact [Bella](#) or [Uche](#).
- 

- **Adult Sabbath School**
    - Pine Room class:** (meets in Pastor Terry's office) [LINK](#)  
Meeting ID: 844 6123 4211 & Passcode: 222000
    - Maple Class:** [LINK](#) Meeting ID: 757 070 1887 - Passcode: 111000
- 

**PLEASE PRAY FOR** God's guidance in the lives of the following members and their families:

Joy Bussey, Denver Annable and Terry Menkens. Also pray for:

- Everyone who is experiencing recent bereavement.
- Families who are struggling financially and otherwise due to recent economic and social crises.
- A resolution to the conflict between Russia and Ukraine. Let us pray for all the families who are affected whether it is bereavement, displacement or any other type of suffering in both Russia and Ukraine as the war continues.

- **If you have private Prayer Requests**, please place them in the Prayer Box or you can email Florence Allen at [LIZALLF@hotmail.com](mailto:LIZALLF@hotmail.com).
- 

- **Upcoming dates:** 12th March – Baptism  
19th March – Adrian Lee – Parallel Fellowship Lunch (all invited)  
26th March – Pastor Colin Stewart  
27th March – SEC media training event at church 10am-4pm  
2nd April – Florence Allen  
9th April – Communion  
16th April – Easter Service

30th April – Baptism in the afternoon

1st May – SEC health fest on the Park 12-6pm

□ **Baptismal candidate**

*I wish to be baptised because I fell in love with God The Father, His Son Jesus Christ and The Holy Spirit.*

*I have known about Them for most of my life, that They were there, but in the past I never spent time building a personal relationship with Them. I felt something was missing in my life, so I began to ask questions. I started to pray and study daily, finding things to watch about the bible and I found most of the answers I was searching for; along with an overwhelming feeling of joy and happiness.*

*I want to be baptised because I am ready to prove how much I love and wish to serve Our Father, His Son and The Holy Spirit.*

*I also personally wish to thank you for helping me in my walk.*



**Family Service & Baptism - 12th March**

Prelude - Neilson Roberts

Welcome & Announcements- Roger Murphy

Call to worship- "O praise ye the Lord" (first verse only)

Invocation & Offering prayer

Hymn - "Because He lives"  
 Family Prayer- Roger Murphy  
 Scripture Reading - Romans 6:1-10 NIV - Joselyn Rajasekaran  
**Sermon: "Key moments and choices" - Pastor Terry Messenger**  
 Introduction of Candidate - Pastor Terry Messenger  
 Confirmation of Belief  
 Scriptures selected by the candidate:  
 Gal 5:16-25 - Jasmine Williams  
 Rom 8:26,27 & Eph 5:1,2 - Maureen Whitman  
**Baptism - Janet Melbourne (Pastor Terry Messenger)**  
 John 15:9,10 & John 3:16,17 Selesha Williams  
 Meditation in music: "Seekers of Your Heart" - Angeline Jeyasundar  
 Children's story - Amanda Powell  
 Welcome into fellowship- Pastor Terry Messenger  
 Hymn- "I will sing of Jesus' love"  
 Prayer  
 Postlude - Neilson Roberts

**Sabbath School from 9:45am**

Welcome - & Opening Prayer - Bella Rajasekaran  
 Opening Hymn: SOF830 - I the Lord of Sea and Sky  
 Facilitator: Wallacia Scott  
 Panel: Chris Levy, Bella Rajasekaran, TBC

**Meet It - Poem by Dennis Johnson**

When you face a problem or a challenge or a test  
 Have you found the only way that works and is the best  
 I'll tell you one that is designed for every one you meet  
 Meet it on your knees and never on your feet!  
 Trying in your own strength may be brave but bring defeat  
 Meet it on your knees and never on your feet  
 So if you want relief that feels total and complete  
 Meet life's tests and trials on your knees not on your feet

**GIVING OFFERINGS BY BANK TRANSFER**  
 Stanborough Park Church  
 Even when we can't be together your giving matters.

"You should do as you have decided, but let it be out of a sense of duty, for God loves the one who gives gladly and God is able to give you more than you need so that you will always have all you need for yourselves and more than enough for every good cause." 2 Cor. 9:7-11

**Bank Account Details**  
 Account Number: 40650561  
 Sort Code: 60-00-08

Account Name: Stanborough PK Church Seventh  
 Account Type: Business  
 Reference: Name and Gift Aid No

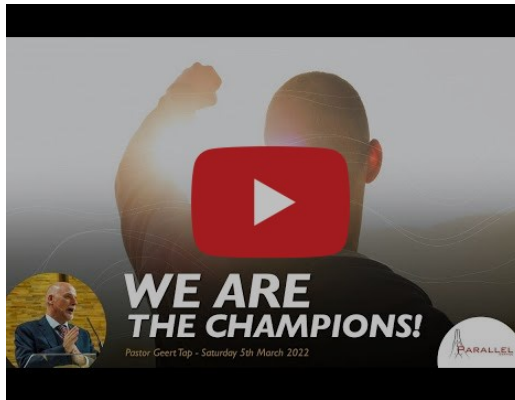
If using Gift Aid or funds other than church budget offering to you need to notify please email the treasury department with the details including treasury@stanboroughchurch.org

**Have you thought about setting up a Standing Order?**

Your offerings would be transferred regularly without you having to remember.

One email to treasury@stanboroughchurch.org would be required to tell us the details. (if applicable, please use your Gift Aid number as the reference.)

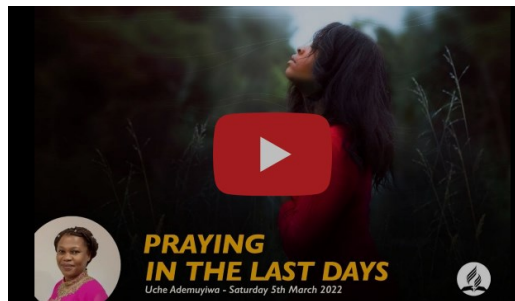
Please remember that you must ensure you have enough in your bank account to cover your standing order. If you have any queries please contact the treasury department on 01423 822222 or email treasury@stanboroughchurch.org



**We are the Champions!**



**Cradle Roll Sabbath School -  
MARCH**



**Praying in the last days**

[Invite a friend to subscribe to the eBulletin](#)

[Watch your favourite service or special item on our YouTube Channel!](#)



Stanborough Park Church

SUBSCRIBED



#### CONTACTS

Pastor Terry Messenger [tmessenger@secadventist.org.uk](mailto:tmessenger@secadventist.org.uk) - 07879 454 267

**Pastor Geert Tap** [gtap@secadventist.org.uk](mailto:gtap@secadventist.org.uk) - 07747568942

**Stanborough Centre - Rob Page** [stanboroughcentre@gmail.com](mailto:stanboroughcentre@gmail.com) - 07908362431

**Stanborough Park College of Music** [info@spcm.org.uk](mailto:info@spcm.org.uk)

**Church Clerk - Milimo Mumbo** [milimo.mumbo@outlook.com](mailto:milimo.mumbo@outlook.com) - 07508 569757

**Treasury Department** [treasury@stanboroughchurch.org](mailto:treasury@stanboroughchurch.org)

**Bulletin Deadline Wednesday 6pm** [jef@stanboroughpark.org](mailto:jef@stanboroughpark.org)

**[www.stanboroughchurch.org](http://www.stanboroughchurch.org)**

Stanborough Park Church is part of the [Seventh-Day](#) Adventist Church

609 St. Albans Road, Watford, [WD25 9JL](#)