

S*ParkLife 16

Aka Lockdown News 33

Stanborough Park Church Newsletter
May 2023
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◆ CELEBRATING THE CORONATION WITH ANOTHER 'PARTY IN THE PARK'

Sunday, May 7th saw members and their families and friends, along with some from the local community, coming together in Stanborough Park to celebrate the King's coronation. After the wet day that preceded the event would it be a washout? Such fears proved unnecessary and organiser Audrey Balderstone summed up the event in the following words, *'It exceeded our expectations. The decorations were up, the sun came out and so did the crowds! It was thrilling to see queues for the children's activities, visitors from the community and everyone taking advantage of being able to sit in groups on chairs or on the grass. The live music was appreciated and the stall holders were kept busy. Volunteers helped clear up and a number of families stayed to enjoy the last of the sunshine. We felt truly blessed*



to have shared the day with church and community members.'

Unlike the event commemorating the late Queen's Platinum Jubilee there were stalls, entertainment, live music and children's activities on offer. The inflatable slide proved particularly popular; there was a never-ending queue of children standing quietly with their parents patiently waiting their turn. Next to that were tables with coronation-themed crafting activities to keep the children entertained. Football also proved popular but with the big goals out of use this time small children were seen enjoying a good kick-about with equally small portable goals instead.

There was a good selection of stalls selling craft items and Pat's clothing and bric-a-brac stalls

proved particularly popular, raising a total of £623 for the Soup Run. The Adventist Discovery Centre and ADRA-UK also had a stall and another was offering free copies of *The Ministry of Healing* and *The Great Controversy*.

Food stalls proved to be very popular, especially the one run by the Stanborough Secondary School PTA which also sold bears and coronation-themed tee-shirts. It raised £900 of which £600 was profit although one parent donated £250 which gave them a head start! The horsebox was back again, too, selling drinks and snacks.



Live accordion music featured on the stage and later when Pastor Geert arrived for a jamming session with two guitarists and a keyboard player things certainly livened up with his singing and his improvised drumming on his stool! During a very spirited rendition



of 'By the Waters of Babylon' a group of women of all ages was spotted dancing and thoroughly enjoying themselves! He finished his performance with a

few patriotic songs and finally the National Anthem which was accompanied by much flag-waving.

Many thanks to Audrey Balderstone and her team of helpers for organising this event.



'PAT'S CORNER', RAISING FUNDS FOR THE SOUP RUN, WAS A POPULAR DESTINATION FOR MANY.

'My tables made £623 in the end. It was a great day for all,' Pat reported later that week.





FEEDING THE MULTITUDES — NO LOAVES AND FISHES IN SIGHT!

The food and drink stalls proved popular and were ideal for a picnic in the park.



The stall staffed by volunteers from Stanborough School PTA was well patronised, selling food, tee-shirts and bears. According to staff member Jeanetta Liburd, *'The PTA did very well on Sunday, selling patties, waffles, chips, jollof rice, mocktails and 'I'm Royal' tee shirts.*



'We took in about £900 on the day, of which £600 was profit. One of our parents donated £250 before the event began, so we had a head start.



'Huge numbers of the community and church members supported us, and we were able to share information about Stanborough Secondary School.'

She adds that three bears were sold, raising £30.00.





The weather was kind and by the end of the afternoon the sun was shining. A group gathered in front of the stage for the patriotic flag-waving sing-along which ended the event.

Pastor Geert, below far left, arrived towards the end of the proceedings and entertained us all with a jamming session, singing along with two guitarists, a keyboard player and a stool that doubled as a seat and a drum! His rendition of 'By the Waters of Babylon' resulted in an impromptu dance session near 'Pat's Corner'!

Newsletter proof-reader, Sheila, (near left) having just been given a copy of the April edition, sets to work!

Elsewhere family and friendship groups picnicked and socialised together while children played.

Photos and videos of the event can be seen on the church website and social media platforms.





Children were well-catered for. The inflatable slide proved to be particularly popular judging by the length of the constant queue to enjoy a few seconds of fun sliding down it. The climb up to the top provided them with good exercise too!



Whilst the children were kept occupied with crafts and the slide, the adults enjoyed their time together and were able to take advantage of a few moments to chat and catch up with the news!



ENTERTAINING THE CHILDREN

Crafting with a Coronation theme was provided for those children who wanted to join in.

As Pat Walton said, 'It was a great day for all.'

One age group was under-represented — the over 60's — as most present were helping to run the event!



◆ **CHURCH MATTERS:**
ANNOUNCEMENTS AND INFORMATION

- **Wednesday Night Prayer Meeting** is being held in Armstrong Hall as well as on Zoom at 7pm.
Meeting ID: 519 552 6863; Passcode: pray3r
- **Zoom Prayer Meetings:**
Daily Morning Prayer Meeting at 6am. Zoom ID: 8316619709 & Passcode: 777
Women's Ministry every Friday at 7:30 pm. Meeting ID - 83109855863 & Passcode - Fprayer
- **Women's Emphasis Day** on the 10th June , 2023.
Please see the flyer for further details. If you need to book a place, please email Wumi Idowu at womensministryanstanborough@gmail.com
- **Prayer Ministry** starting a new 40 Days of Prayers on 5th June and finishing on 14th July using Pr. Dennis Smith's 4th book for 40 Days of Prayers. All are invited to join on Zoom at 6am. Zoom ID: 8316619709 & Passcode: 777 .
- **Let's talk about Jesus.** (He restores my Soul). Bring your Bible, favourite text, favourite hymn or story so we can share and talk about our best friend Jesus. Every other Tuesday 2pm. The next one is Tuesday, June 6th.
- **Baptismal Class:** A new baptismal class began on May 20th for those who wish to explore the Christian Faith. The class runs on Sabbath from 10-10:45am in Pastor James' Office (Willow Room on the 1st floor). Please register your interest with the pastoral team.
- **'What's on at Stanborough this Summer':**
[See it here.](#)
- **Fellowship lunch** on 1st July. To book email fellowshiplunch7@gmail.com.
- **Stanborough Secondary School** is on a mission to re-open the 100-bed boarding school. They also wish to launch a scholarship fund, to support gifted musicians and students who cannot afford Adventist education. If you would like to donate to this worthy cause send your donation to: **Account Name:** Stanborough Secondary School **Sort Code:** 40-45-28 **Account Number:** 91041274 **Reference:** Boarding School or Scholarship Fund. 'In an attempt to actively promote our school, we have been posting almost daily on 'LinkedIn'. We are asking all Stanborough Park Church members to join [LinkedIn](#) and follow Stanborough Secondary School. Please interact and 'like' our posts as this will raise our profile. You will discover some of the exciting things we have been involved in this year and the platform acts as an online newsletter.'
- **Audrey has opened a JustGiving Page** for 2023/4. If you want to remember a birthday, loved one or give thanks please go to www.justgiving.com/page/audrey.
- **Thanks so much** to all the volunteers who put on a wonderful Party in the Park on Sunday, 7th May and to those who went to Stanborough Secondary School to help refurbish the boarding school on 8th May.
- **The Young Adult Department** is seeking committed individuals 18+ to serve as social media lead and social secretary; for more information please contact Jackson Bright or email youngadultsspc@gmail.com.
- **Parallel retreat:** Parallel will enjoy an extended time of fellowship at a special 'Revive Retreat' starting on Sabbath morning, 24th June and finishing on Sunday, 25th June. Overnight accommodation in Stanborough School and all meals included, starting with Sabbath lunch. Worship, sharing from God's word, fellowship, and fun. Cost: £15.00 per adult and children aged 12+. Under 12's free. All are welcome! To book use the QR code on the poster or speak to Manuela Mai.
- **The next Fellowship Lunch** is on 1st July. To book please email fellowshiplunch7@gmail.com.
- **Prayers answered: thanks from Alain St. Germaine.** 'My neighbour's 15 year old daughter who the church prayed for as she was admitted with cancer for the second time. They told her dad to expect the worst but she has surprised everyone, she is cured

and completely clear. She looks lovely and happy. Her Dad wishes to thank the church for the prayers. This shows how much prayer works and how much the Lord loves his children.'

Spanish student seeks short-term accommodation: SAMUEL SANTAFE (19) needs to improve his English for his future studies and is looking for a host **family** who could accommodate him as a paying guest during July/August whilst he attends local language classes. He is actively involved in his church's youth work and references are available. Contact the pastoral team if you can help.

WEDDING BELLS:



THE EVENT:

**THE WEDDING OF AUDREY BALDERSTONE
AND PASTOR JIM HUZZEY**

VENUE: STANBOROUGH PARK CHURCH

DATE: SUNDAY, 4TH JUNE, 2023 AT 1PM

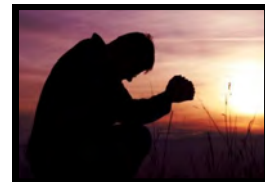
**MAY GOD BLESS YOU BOTH IN YOUR NEW LIFE
TOGETHER.**



Service available to view via livestream and YouTube channels.

◆ PRAYER CORNER:

Please pray for:



* Massimo Molteni's sister,

Luisa, also Annalisa who is continuing to manage her mother's health issues.

Pastor Cecil Perry and his wife Alma; Morgan Charles; Roy and Bronwen Atkinson; Terry Menkens, Diane Johnson, Rosemary Boyle, Jacqueline Deane, Leopold Johnson, Therese Valsin and Yetunde Bright.

* Families who are facing challenges from cancer, severe flu, COVID, other health issues and recent bereavement.

* Our country as we continue to experience severe industrial unrest, inflation and food shortages.

* A resolution to the conflict between Russia and Ukraine.

* Countries that are experiencing death and destruction from the ravages of natural disasters.

* The families in various countries who are suffering bereavement due to terrorism.

* Our young people as they seek employment after completing their studies.

* **The requests in the Prayer Box — REMEMBER** you can place private prayer requests in the Prayer Box or email STANBOROUGHPRAYS@GMAIL.COM

SPECIAL PRAYER REQUEST

We would like to request the church family's prayers for Dean's nephew, Alexander, as he's struggling with a serious health issue. He lives in the US and is 33 years old. Please also pray for his mother Elena and his dad Craig as well as his siblings.

A difficult time for them all but we know that the One who has created Alexander will cover him under His mighty and healing wings. We are also reminded of Romans 8:28: "And we know that in all things God works for the good of those who love him".

◆ **BABY DEDICATIONS — for former members of the pastoral team:**

Two former members of the SPC pastoral team participated in baby dedications on Sabbath, 13th May.



Left is Ana Stojkovic held by mother Deana and watched by father, Dejan, a former SPC assistant minister, grandmother and big brother and sister.

Ana is the equivalent of Hannah, a name which is derived from the Hebrew word for 'grace'.

Pastor Paul King-Brown conducted the dedication telling the congregation how close the two men were as Newbold students, always studying together.

It wasn't possible to take a family photograph after the service so this one was provided by Johnson Wong who had taken a quick snapshot on his phone during the service.

Matthew and Charlotte Marshall, right, brought along Thomas and baby Laura to be dedicated by Pastor Dejan.

The former Charlotte Rashleigh was one of our student missionaries a decade ago—and discovered a reason to stay with us!

The following Sabbath morning Pastor Terry dedicated little Inka Eke the daughter of proud parents Heather and Godwin.

We wish God's blessing on all these families as they bring up their children to love Jesus.



JESUS FRIEND OF LITTLE CHILDREN



*Jesus, Friend of little children,
Be a friend to me;
Take my hand and ever keep me
Close to Thee.*

*Teach me how to grow in goodness,
Daily as I grow,
Thou hast been a child and surely
Thou dost know*

*Step by step, O, lead me onward,
Upward into youth;
Wiser, stronger, still becoming
In Thy truth.*

*Never leave me, nor forsake me;
Ever be my friend;
For I need Thee from life's dawning
To its end.*

This rather 'quaint' hymn, apparently unfamiliar to the teens seated in the balcony, was sung just before the baby dedications.

However, read as a children's prayer for the under-11's (the first verse admittedly is more suitable for under 5's), it was entirely appropriate for the occasion, expressing a sentiment that all Adventist parents would want their children to adopt.

◆ **NEWS FROM THE MUSIC DEPARTMENT (Jieun Ahn):**

Children's Concert: We sincerely appreciate your prayers and support for the 13th Children's Concert in aid of the ADRA-UK Education Project last Saturday evening (13th May). The concert was a resounding success featuring the participation of over 40 talented young musicians. They enchanted the audience with 18 hymns arranged for solo performances and various ensembles (including trio, quartet), orchestra, chime, hand bells and choirs. We are thrilled to share that the evening raised over £1,125 to benefit children who lack access to formal education. If you missed the concert, you can still enjoy it online through the church livestream and YouTube.

https://www.youtube.com/live/_Tyk7saDN0k?feature=share (both not live, copy and paste links) or <https://livestream.com/accounts/640318/events/3160916/videos/236194723>

Teatime Concerts: The May Teatime Concert took place on Sunday, 28th May featuring our talented church musician, Sangbin Jung on the violin, accompanied by Yui Hanada on the piano. This violin recital raised funds for the development of our church, particularly focusing on improving the lighting, via a retiring offering. The repertoire for the concert included captivating sonatas by Debussy and Brahms for violin and piano, as well as the enchanting 'Much Ado About Nothing Suite' by Korngold. **The next concert** will be held on Sunday, 25th June at 3pm with Mia Serracino-Inglott, mezzo-soprano.

◆ **FROM THE ARCHIVES:**

• **TILL HIS BRAINS DRY OUT (ABRIDGED)**

This article was discovered in the Messenger archives some time ago and in view of the baby dedications it seems an appropriate time to share it! Written nearly 100 years ago the author recalls an 'old wives' tale whilst promoting a new 'health book'!

WHEN my wife and I were young parents we went to live in a community that still retained many of the beliefs and practices of our forefathers, some of which were very admirable and others rather awesome.

One day my wife went visiting with the baby and called on a group of mothers who, naturally, were interested in the infant, having had some of their own. After a while one of them asked, "But don't you keep a hood on your baby's head?" "Oh, no," said my wife, "not in such warm weather as this. When it's cold, of course, I put a hood on her if I take her out-of-doors." "Oh, but that's not the reason," they said. "We always keep a

hood on a baby till he is six months old. It takes that long for his brains to dry out."

Now, I suppose that you who read this will smile a little at that age-honoured custom of drying out a baby's brains. But I wonder if you don't know somebody in your neighbourhood who is peddling some false science to young mothers about how to treat their babies, and insisting that she knows better than they, because she had a dozen babies before they were born.

But just for the sake of the ignorant in your community, you must acquaint yourself with the full, true science in the new book, 'All About the Baby', by Dr. Belle Wood..... It is the second textbook in the Parents' Training Course conducted by the Home Commission.

..... All thinking persons will welcome the instruction offered in this book; and if there is any one who thinks he does not need it, all I have to say is that I think there really is some sense, if we know where to apply it, in those mountaineer women's practice of keeping a bonnet on the head of a person "till his brains dry out."

A. W. SPALDING Messenger, May 30th, 1930

• **STANBOROUGH PARK CHURCH BRASS BAND**



Spotting a young Robert Vine seated front, third from left (our Senior Minister when the Stanborough Centre was opened) led to his sister, Monica in Norway, identifying his twin, Richard, next to him, also Yvonne Wilson on the drum, Andrew Goulstone, Geoff Mallinson, Martin Bell, Roger Gallagher, Pearl Rich (now Walker) and Peter Archer; John Sutton was identified by David Bell and Pat Walton spotted Margaret Wallis and Roger Hill. Now both retired ministers the Vine twins are embarking on their ninth decade!

Note the pipe organ. This photo from the BUC archive was taken in the church in the days before the 'new organ' was installed — as played by the BBC's Sandy McPherson which was featured in a previous edition of this newsletter. The men featured in dark suits in the centre of the photo are Barney Goulstone (left), Granose Foods Manager and George Anniss (right), Manager of 'The San' who was possibly the bandmaster. Mr. Goulstone was a recent convert from the Salvation Army so was probably the inspiration behind the formation of the band. It is uncertain when it was formed and when it was (sorry!) disbanded! Interestingly, there seems to have been no objections raised to the large drum on the left being played in church!

◆ **HEALTH CORNER:
The Invisible Wound -
How Past Traumas
Shape Our Ability to
Trust**

Jane's heart raced as she saw the text message. It was from Tom, her husband. And he was running late for dinner, again. Memories of her father's late-night arrivals and angry outbursts quickly resurfaced.

Jane's trust in others had always been shaky but she never understood why. Jane's mind raced with suspicion and doubt as she wondered if Tom's reason for being late was genuine or if there was something more sinister at play. In a knee-jerk reaction, Jane confronted Tom accusing him of not caring about her feelings or their relationship. Tom, shocked by the intensity of Jane's response, became defensive and hurt. The conversation spiralled into a heated argument, further widening the gap between them.

But these trust issues did not stop with Tom. As time went on, Jane's trust issues intensified. She began to alienate her friends and family, constantly questioning their motives and doubting their sincerity.

Naturally this led to cutting everyone off slowly meaning life became isolated and lonely, unable to escape the cycle of suspicion, confrontation, and deteriorating relationships. With every passing day Jane's world grew darker and lonelier as the invisible wound caused by her past traumas slowly consumed her ability to trust and connect with others.

Why am I telling you Jane's story?

Well, Jane's story serves as a powerful example of how past traumas can shape our ability to trust, impacting not just our interpersonal relationships but also our relationship with God. This is an issue that is especially relevant to us as Christians as our faith teaches us about the importance of trust and love in our lives.

We might sometimes ask, "How could a loving God allow such hurtful experiences to occur?" But the reality is that we live in a fallen world and sometimes pain and trauma are part of our journey. Yet God never abandons us in our suffering. Remember, "He heals the broken hearted and binds up their wounds" (Psalms 147:3).

However, it's essential to recognise that unresolved trauma, even when hidden or seemingly forgotten, can have a profound unconscious influence on our relationships and life choices. If we don't address this trauma it can trap us in a cycle of mistrust, misunderstanding, isolation, and pain.

Think of unresolved traumas as hidden boulders beneath the placid surface of a serene lake. The lake may seem inviting but, as we dive deeper, we encounter these remnants of past upheavals. These hidden traumas can catch us off guard, causing unexpected pain and confusion. So, what signs should you look out for?

Here are a few examples:

1. **Unresolved anger:** Carrying unresolved anger or resentment from past experiences can create barriers to trusting others as these emotions can cloud

your judgment and willingness to form new connections.

2. **Difficulty recognizing healthy relationships:** Past trauma can distort your perception of what a healthy relationship looks like, making it hard to trust in those relationships that are genuinely safe and supportive.

3. **Fear of being hurt again:** If you've experienced pain and heartache in past relationships you might fear going through similar experiences again making it hard to trust and open yourself up to new connections.

4. **Difficulty expressing emotions:** Struggling with expressing your emotions can hinder trust-building as open communication and emotional sharing are essential for developing strong connections with others.

5. **Difficulty trusting your own judgement:** Past traumas can lead to self-doubt and questioning your ability to make sound decisions making it difficult to trust yourself and, subsequently, others.

6. **Projecting your feelings of mistrust onto God:** Dealing with unresolved trust issues can make it difficult for us to fully surrender our lives to God, which can adversely affect our spiritual growth.

These are just a few examples. Next we'll delve into an ancient approach to overcoming trust issues rooted in past trauma. We'll explore strategies that can change the way you deal with your triggers, helping you rebuild trust in yourself, others and, most importantly, God. Are you curious about what these strategies are and how they can impact your life?

Stay tuned! (Part 1 of 3)

**By Adewale Ademuyiwa
(SPC Health Dept.)**



◆ **PATHFINDERS RAISE FUNDS
FOR ADRA-UK**

Pathfinders took part in a Walkathon in aid of ADRA-UK on Sunday 21st May. The 33 pathfinders, along with 14 adults participated in one of the three categories (8kms, 16kms or 25kms). The sum raised so far is £420 of the £500 goal. Donations are welcomed at: <https://www.justgiving.com/page/21684175144820lt-adra-waford-walkathon?>



◆ **THE LAST WORD:**

'I find myself born into this particular position. I'm determined to make the most of it and to do whatever I can to help. And I hope I leave things behind a little bit better than I found them.' King Charles III

Perhaps an aim we could all adopt?